

What can I do with my Body?

I can  
jump.

I can run.

I can  
hop.

I can  
skip.

I can  
walk.

I can

**crawl.**

**I can  
dance.**

I can  
spin.

I can  
gallop.

I can  
swim.

Cut and Illustrate each Activity Card.

Turn the cards over in the middle of the floor.

Turn one over and read.

Do the Activity to music.

Ask the child to read each Card with you.

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